Thursday 21st January 2021
LI - write a balanced argument about staying at home during pandemic

Dear Mr Pear,

Recently, we all have been affected by the Coronavirus. We have faced 3 lockdowns and we have been managing the fact that you have to stay at home, unable to see relatives. For the past year it has been very challenging. In this balanced argument I will be discussing the points as to why you should stay at home and reasons why you should not stay at home. What side are you on? Which side will you be persuaded by? Read on to discover your opinion.

To begin with, staying at home can lower the rate of Covid deaths and the amount of people that are being infected by the virus. If you stay at home, and you have less contact with the public, you are less likely to catch the virus and endanger our family members. Therefore, if people stay at home we can tame the virus and put a stop to the rapid spread.

On the other hand, staying at home can affect people's jobs. Their company may not be earning well due to the reduction of customers which could cause bankruptcy to that company. As a result, people will lose their jobs. Finding a new job in this pandemic is a mission. Because of being jobless, people are struggling to provide for their families.

Alternatively, staying at home protects our NHS. With too many cases, the NHS can get overwhelmed with the amount of patients that are infected and need treatment. In Wales, it was said that because of the amount of patients in hospital it was starting to look like'' The National Coronavirus service'' instead of'' The National Health Service''. Our NHS are risking their lives to help others and are endangering themselves. They are in need of supplies(beds and ventilators) immediately to help the patients in need. If our NHS can risk their lives for us, why don't we protect them?

In comparison, if we are at home the whole lockdown, it can affect our Mental health/wellbeing. Because of lockdown people are on their devices for too long and could affect their eyesight. It could also cause blue light. Also staying at home with no exercise means our muscles weaken and lose bulk including the muscles you need for breathing and the large muscles in your arms and legs. You will tire out in activities that we should

not tire out in. If you continue to be inactive you will feel worse, need more help and eventually even simple daily tasks will be difficult.

In conclusion I believe, we should stay at home due to the fact that if we stay at home the rates will go down,  and if the rates go down the lockdown will stop. Then sooner we will be able to see family and go out of your house. Now that you have read all the reasons, what side are you on? Stay at home? Or not stay at home?

Your sincerely, Unaizah Chowdhury.